

## Swimming Review

Do you attend a swimming club and want to collect more hours? Complete this Review to earn ten hours in your Passport!!

Name of Swimming Club -
Coach's Name -
Level -
Years Involved -
Location -
Why is learning to swim important to you?
<u>Tell us about your instructor — how do they inspire you?</u>
What is the furthest distance you swam? Do you think you could do better if you had another chance?



## Swimming Review

Were you involved in any races or time trials this year? If so, how did they make you feel? If not, what do you think that
would feel like?
Are you confident that you could safely swim in the ocean? Why or why not?
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Paste a photo of you participating in Swimming Club this year