



Park Run Review

Do you participate in Park Run and want to collect hours? Complete this Review to earn ten hours in your Passport!!

Location -

Distance -

Time/Day -

Why did you choose to participate in Park Run this year?

Who do you run with? Do you like running together with others, or on your own? Why?

How would you make Park Run more enjoyable for next year?

Park Run
Review

If you were not at Park Run, what do you think you would do with your time?

Describe three ways Park Run has benefitted you in other areas of your life

Paste a photo of you participating in Park Run this year

Complete this form and return it to your Coordinator to earn ten hours in your
Passport to Learning. Limit of ten hours per activity per year.