

## Calisthenics Review

**Do you participate in Calisthenics or a similar activity? Complete this Review to earn ten hours in your passport!!**

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**Name of Organisation –**

**Sport –**

**Location –**

**Training Times –**

**Performances –**

**What was your favourite memory of this year?**

**What was the biggest challenge you faced this year?**

**What skills do you think you improved this season?**

## Calisthenics Review

**Complete the following table to tell us what skills you developed this year**

Date	Time	Today I Learned

**Paste at least two photos of you performing this year**

***Complete this form and return it to your school CUA Coordinator to earn ten hours in your Passport to Learning. Limit of ten hours per activity per year.***